



## DAS Delivers: *HRExpress*

Department of Administrative Services ~ Empowering People · Collaboration · Customer Service

April 2021

### In this issue of *HRExpress* . . .

#### The Iowa WorkSmart Project

- [Take the Statewide Change Survey](#) - Provide your input about the Iowa WorkSmart Project and Workday.
- [Preview Workday](#) - The Iowa WorkSmart Team has created a short preview of the Workday system.
- [Coming Soon: Future State Discussions](#) - The OCM Readiness Team will be meeting with Managers and Supervisors in May.

#### State of Iowa Benefits

- [Increased Dependent Care Limits for State Flexible Spending Accounts \(FSAs\)](#) - Read this important information about the increased maximum contribution limit for your dependent care FSA plan in 2021.
- [Personal Protective Equipment Now An Eligible Expense in Medical Flexible Spending Account \(FSA\)](#) - Read about these expenses, now reimbursed through your medical FSA.

#### Health and Wellness

- [What's YOUR Financial Game Plan?](#) - The Iowa Insurance Division's Save4Later program offers unbiased information and education for State employees to help improve their financial future.
- [Seven Tips for an Ergonomic Desktop](#) - Be more comfortable and efficient at work with an ergonomically correct workspace.
- [When Life is a Challenge, the Employee Assistance Program Can Help](#) - Learn about KEPRO, the State's provider of EAP services.
- [Capitol Complex Food Trucks Coming Soon](#) - Learn when the food trucks return to the Capitol Complex.
- [Free Health and Well-Being Seminars Offered Online](#) - On-demand online seminars covering various health and well-being topics are available from KEPRO, the State's Employee Assistance Program (EAP). Topics change regularly, so check back often.
- [COVID-19 Resources](#) - DAS Human Resources offers a variety of COVID-19 resources.

#### Retirement Savings

- [Creating a Secure Retirement: The 3-Part Solution](#) - IPERS and Iowa State Extension Services team up to offer a free workshop for State employees planning to retire in the next three to five years.
- [IPERS Presents Ready, Set, Retire on Zoom](#) - Attend this informative seminar, created for State employees looking to retire in the next few years.
- [Retirement Investors' Club \(RIC\) Webcasts](#) - Make the best use of your retirement savings benefit by taking advantage of online education opportunities offered by RIC.

- [Retirement Benefit Presentations Offered On Demand](#) - Learn more about your retirement benefits from DAS Human Resources.
- [News from Your Retirement Investors' Club \(RIC\) Providers](#) - To assist with retirement income planning and investment strategies, check out the latest news from State RIC providers.

## DAS Education Opportunities

- [Featured Course Spotlights](#) - There are two featured PDS courses in April - *Managing Effective Meetings* and *Project Management Fundamentals*. Learn more today!
- [Performance & Development Solutions \(PDS\) Training](#) - PDS offers virtual instructor-led courses, on-demand classes, and New Horizons virtual and on-demand computer courses. Check out the current course listings!

*HRExpress* is a publication for State of Iowa employees. Please print a copy to post or share with co-workers who may not have access to a computer. For prior editions, visit the *HRExpress* webpage.

If you have questions or suggestions for future content, please contact us at [hrexpress@iowa.gov](mailto:hrexpress@iowa.gov).